

## **Rapid Syllable Transition Treatment for Adults**

### **PARTICIPANT INFORMATION STATEMENT**



#### **What is this study about?**

You are invited to be part of a **research study** exploring the effectiveness of **Rapid Syllable Transition Treatment (ReST)** for adults with **apraxia**. This invitation is extended to you because you have apraxia. **This document explains the study**, helping you **decide** whether you want to **participate**. Please read it carefully, and **feel free to ask questions** if anything is unclear.

Participating in this study is **your choice**.

By **agreeing to participate**, you confirm that you:

1. **Understand** the information provided.
2. **Agree to join** the study as outlined.
3. **Consent** to the use of your **personal information**.

You can keep a **copy** of this document.



#### **Who is conducting the study?**

The study is conducted by the following **researchers**:

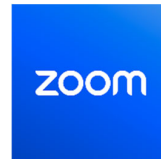
- Professor Tricia McCabe, a speech pathologist and researcher.
- Dr Petra Avramovic, a speech pathologist and researcher.
- Dr Elizabeth Bourne, a speech pathologist and researcher.

- Dr Sophie Brassel, a speech pathologist and researcher.
- Dr Emma McLoughlin, a speech pathologist and researcher.
- Dr Donna Thomas, a speech pathologist and researcher.



### What will the study involve for me?

You can choose to have **assessments** and **treatments** at the **University of Sydney speech pathology clinic** in **Camperdown**, Sydney, or **online** using **Zoom**, or a **combination** of both.



For **Zoom** sessions, you'll need a **computer** or **tablet** with **internet access** and a



**quiet space.**



**If you need headphones, we'll give them to you.**



Assessments or therapy using just a **phone won't be possible** due to the small screen.

The study has **four stages**, all **audio and video recorded**:



### 1. **Assessment:**

- Involves **speech** tasks, **hearing** tests, and **surveys**.



- Up to **2 clinic visits**.
- We will tell you if you can do the study at the end of these visits.

### 2. **Pre-treatment measurement:**

- Requires **saying words** and **sentences five times** over **three weeks**.
- Short **30-minute** appointments.

### 3. **Treatment:**

- **One-hour** sessions **twice a week** for **6 weeks**, either **in person or online**.



- Sessions involve **repeating made-up words**. **No homework**.
- **Extended sessions** on the **5th** and **10th session** for **recording**.



### 4. **Follow-up after treatment:**

- **3 clinic visits** over **four weeks** to **assess changes** in speech.



### How much time will the study take?

About **3 months from start to finish**, involving clinic visits, pre-treatment measurements, treatment sessions, and follow-up visits.



### Who can participate in the study?

You can be in the study if:

1. You have **apraxia of speech**.
2. Your **hearing and vision are normal** for your age.
3. You **don't have other health conditions** affecting speech.
4. You can **read in English**.
5. You are **18 or older**.

### Is participation mandatory? Can I withdraw?

Participation is **voluntary**. You can **withdraw at any time without affecting your relationship with the researchers or the University of Sydney**.

If you **withdraw**, we **won't collect further information**, but **treatment records will be kept**.



### Are there risks or costs?

Besides time, there are **no expected risks or costs** associated with participating.



**Are there benefits?**

We can't guarantee direct benefits from being in the study.



**What happens to the collected information?**

**Your consent** allows us to **collect your personal information** for **research** purposes. Data will be **stored securely for 15 years** and **may be used in future projects** with **ethical approval**.



**Can I share information about the study?**

Yes, feel free to share details about the study.



**What if I want more information?**

**Contact Professor Tricia McCabe** ([tricia.mccabe@sydney.edu.au](mailto:tricia.mccabe@sydney.edu.au), 9351 9539) or visit [www.rest.sydney.edu.au](http://www.rest.sydney.edu.au).



**Will I be informed of the study results?**

You can receive feedback in the form of a **one-page summary after the study**. **Results** will also be **posted on the REST website**.



**Complaints or concerns?**

**Contact the Manager, Ethics Administration, University of Sydney, at +61 2 8627 8176 or [human.ethics@sydney.edu.au](mailto:human.ethics@sydney.edu.au).**

**You can keep this information sheet for reference.**